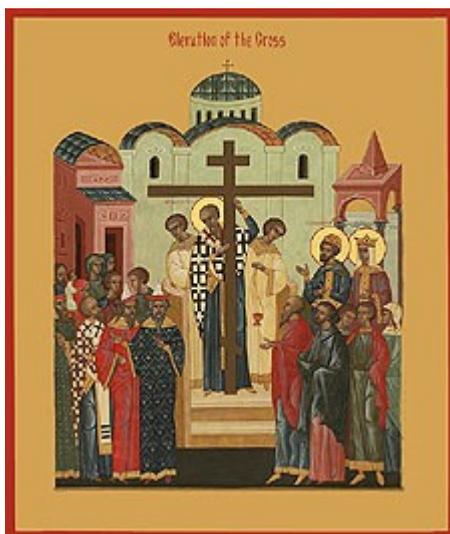


St. George Antiochian  
Orthodox Church  
Lowell, Massachusetts



**SUNDAY AFTER THE ELEVATION OF THE HOLY CROSS**  
**GREAT-MARTYR EUPHEMIA THE ALL-PRAISED**  
MARTYRS VICTOR AND SOSTHENES OF CHALCEDON;  
MARTYR MELITINA OF MARCIANOPOLIS

*September 16, 2018*

**ST. GEORGE ANTIOCHIAN ORTHODOX CHURCH**  
The Most Reverend Metropolitan JOSEPH  
Archbishop of New York and Metropolitan of All North America

The Right Reverend Bishop JOHN, Diocese of Worcester and New England

Rt. Rev. Archmandrite Leonard Faris  
Pastor of St. George Antiochian Orthodox Church

Email: [fatherfaris@comcast.net](mailto:fatherfaris@comcast.net)

44 Bowers Street, Lowell, MA 01854

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Phone: (978) 452-4816 Fax: (978) 452-6041

Facebook: [www.facebook.com/saintgeorgelowell](http://www.facebook.com/saintgeorgelowell)

**WORSHIP SERVICE**

Sunday: Matins (Orthros) Service 9:00 a.m.

Divine Liturgy 10:00 a.m.

Sunday School: Every other Sunday, 9:30 a.m. to 10:15 a.m.

Church Office Hours: Tuesday through Friday, 9:00 am to 1:00 pm

Divine Liturgy begins at 10:00 a.m. and we should not arrive late. When we do arrive late and the Epistle or Gospel is being read or the priest is preaching the sermon or the Great Entrance is taking place, please **REMAIN** in the Vestibule until it is finished before entering the Church. At the end of the Divine Liturgy please keep your conversation until the "Coffee Hour".

**We should leave the Church in silence.**

**Important Notice:** The reception of Holy Communion is limited to Orthodox Christians who have prepared themselves by prayer, fasting and recent Confession. Confessions are heard on Sunday mornings during the Matins Service or by special appointment. The Eucharistic Fast begins at midnight on Saturday and ends up with the receiving of Holy Communion. If you are on medication or a young child, you can have a light breakfast before coming to church. If you have any questions, please call Fr. Leonard.

*Thank you,  
Father Leonard*

**Prayer Requests and Bulletin News:** All prayer requests and articles for the weekly bulletin must be submitted each week by **Noon, Tuesday:** emailed to Fr. Leonard at [fatherfaris@comcast.net](mailto:fatherfaris@comcast.net) or call 978-452-4816, otherwise, the requests and articles will be published the following week.

**IMPORTANT ANNOUNCEMENT**

If anyone is in the hospital it is the duty of the family to inform the priest so that he can visit the patient. Also, if anyone is homebound and would like to receive Holy Communion, he/she or a family member should contact Fr. Leonard to make arrangements to bring the Sacrament to the shut-in. Fr. Leonard is always happy to bring the Sacraments to those in Hospitals, Nursing Homes or at home. Thank you and God bless!

**Troparion of the Resurrection, Tone 7**

Thou didst shatter death by thy Cross; Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy, and didst bid Thine Apostles proclaim a warning that Thou hast risen, O Christ, granting to the world great mercy.

**Entrance Hymn**

Ha-lum-mu lu li-nas-jud, wa-nar-ka' lil-ma-sih, khal-lis-na ya bna l-lah, ya man  
ga-ma min bal-nil-am-wat, li-nu-rat-til la-ka, Hal-li-lu-ia

**Troparion of the Resurrection, Tone 7 (repeated)**

**Troparion of the Elevation of the Holy Cross, Tone 1**

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

**Troparion of St. Euphemia, Tone 4**

O Lord Jesus, unto Thee Thy lamb doth cry with a great voice: \* O my Bridegroom, Thee I love; and seeking Thee, I now contest, \* and with Thy baptism am crucified and buried. \* I suffer for Thy sake, that I may reign with Thee; \* for Thy sake I die, that I may live in Thee: \* accept me offered out of longing \* to Thee as a spotless sacrifice. \*  
Lord, save our souls through her intercessions, since Thou art great in mercy.

**Troparion of St. George, Tone 4**

As deliver of captives and defender of the poor, healer of the infirmed, champion of kings, victorious great martyr George, intercede with Christ our God, for our souls' salvation.

**Kontakion of the Elevation of the Holy Cross, Tone 4**

Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

## THE EPISTLE

*O Lord, how manifold are Thy works. In wisdom hast Thou made them all.  
Bless the Lord, O my soul.*

### **The Reading from the Epistle of St. Paul to the Galatians. (2:16-20)**

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

## THE GOSPEL

### **The Reading from the Holy Gospel according to St. Mark. (8:34-9:1)**

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."

Prayers are being offered for the  
Health and Safety of:

Nora Abdelahad  
Connie Abodeely  
Lorice Ansara  
Phyllis Arsenault  
Siham Bahou  
Ray Beaudry  
June Behrakis  
Ed & Lillian Betor  
David and Cindy Boragine  
Ida Boragine  
George Ellis  
Athanasia Grivas  
Veronique, Annabelle & Chloe Groff  
Duayne Habib  
Rosalind Hajjar & Family  
Sam Halperin & Family  
Lloyd Jennings  
Joe Kadir  
Nabil Khoury  
Fr. Stephen and Family  
Rose Lowe  
Marcotte Family  
Lynn Marcotte  
Thomas Marcotte  
Robert Maria  
Fred Noonan  
Helen Poulos  
Chakeep Skaff  
Amad Tayebi  
Jack Trottier  
Dr. Vartan & Lisa Yeghiazarians &  
Family  
Genia Yeghiazarians

Prayers are being offered in Memory of:

Charles Abdelahad  
George Abodeely  
Miriam Abodeely  
Toula Anasoulis  
Andrew Ansara  
Elias Ansara  
John Ansara  
Maurice Ansara  
Gladys Assaly  
Linda Assaly  
Yaacoub Awad  
Zaven Bogosian  
Juliette Bahou  
Laurice Bahou  
Widad Batten  
James "Jimmy" Beaudry  
Dorothy Boragine  
Sal Boragine  
Cleopatra Bouras  
Robert Coviello  
Austin Dufault  
Fred Ead  
Frances Ellis  
Frank Ellis  
George & Elsie Faris  
Mary T. Faris  
Mary V. Faris  
Elizabeth & Joseph Ghareeb  
Elias Grivas  
George P. Habib  
Philip Hajjar  
Dorothea Husson  
Eleanor Husson  
N. Mary Husson  
Terry Husson Kadir  
George Lowe  
Efthymios & Paraskevi Manolis  
George Matook  
Adeb Mechrefe  
Nafie Moses  
Kay Moulton  
Frederick & Matilda Noonan  
Paul Panagopoulos, Sr.  
Anisse Saad  
Hanna Saad  
Mary Saati  
George W. & Mary Saba  
Badawi Sabbouh  
Eleanor Shalhoup  
Fred Simon  
Judy Skaff  
Mildred & Arthur Skaff  
Minnie Skaff  
Nellie Husson Skaff  
Ricky Skaff  
Stephen Skaff  
T. Michael Skaff  
Edmond Solomon  
J. B. Taleb  
Elaine Vieira  
Leon Yeghiazarians  
Charles Zaharias  
Mary Ann Zaharias  
Hilda Zananiri  
Nahil Zananiri



MEMORIAL - Today, 9/16



An 18 Year Memorial Service will be offered for the Repose of the Soul of the Servant of God, Andrew Ansara, requested by his wife, Yvette and his children. May Andrew's memory be eternal!



## ALTAR BREAD

Today's Altar Bread is being offered in memory of the Repose of the Soul of the Servant of God, Andrew Ansara and for the health and safety of the Ansara, Foley, and Stachowski Families. May Andrew's memory be eternal and may God bless the Ansara, Foley and Stachowski families with peace, good health and happiness!



## COFFEE HOUR

Today's Coffee Hour is being sponsored by the Ansara family in memory of the Servant of God, Andrew Ansara and for the health and safety of the Ansara, Foley and Stachowski families. May Andrew's memory be eternal and may God bless the Ansara, Foley and Stachowski families with peace, good health and happiness!

## THIS WEEK

Wed. 9/19 6:30 pm Parish Council Meeting. All member should be present.

## COFFEE HOUR ITEMS

Thank you all for hosting your coffee hours throughout the year. We ask that after coffee hour is over please take any food and drinks, left over, with you. Please do not leave anything in the refrigerator. Thank you.

Let's Party  
MARK YOUR CALENDAR!!!  
FUN EVENING, MUSIC, RAFFLE

IN HONOR OF HILDA ZANANIRI

This year we will be celebrating our 35th annual Cocktail Raffle fundraiser on September 21st at the Andover Country Club. Please help us make this joyous and successful in honor of Hilda Zananim.

If you need tickets, please feel free to contact Martha at 978-397-4376. Please mail all ticket returns and checks no later than September 14th to Martha Stewart at 330 Tyngsboro Road #2, Dracut, MA 01826, or you can see her in church.

Martha Stewart, Chairwoman

St. George Antiochian Orthodox Church  
44 Bowers St., Lowell, MA 01854

Annual Raffle / Cocktail Party  
Friday, September 21, 2018 7 p.m. to 11 p.m.  
Andover Country Club, 60 Canterbury Road, Andover, MA 01810

In Honor of Hilda Zananim

First Prize .....	\$2,000
Second Prize .....	\$1,000
Third Prize .....	\$500
Fourth Prize .....	4- \$250

Donation  
\$65.00 Dollars

Live Music, Hors D'oeuvres, Cash Bar, Coffee and Pastry  
Checks are payable to: St. George Orthodox Church  
Please present ticket at door

# CHURCH ETIQUETTE

During Liturgy, the Priest or Deacon says,  
“With the fear of God, and with faith and love, draw near!”  
Let this be the way believers approach the Church to worship.

## WHEN YOU ARRIVE AT CHURCH:

- Remind yourself why you are here: Jesus Christ. You have an appointment every Sunday morning at 10:00am with Him, so you should not be late. Would you be late to any other
- appointment? Get extra rest so that you can make it to Church on time.
- Shut off all beepers, phones, and electronic devices. NO text messaging!
- As we sing in the Liturgy, “Let us lay aside all earthly care.”
- When entering the Church, venerate/kiss the icon at the entrance, cross yourself in prayer, and light a candle.

## YOU MAY NOT ENTER THE CHURCH AT THE FOLLOWING PERIODS:

- During the Entrance of the Holy Gospel
- During the reading of the Epistle and the Holy Gospel
- During the Sermon
- During the Entrance of the Gifts (bread and wine)

If you arrive during the above mentioned times, please wait in the Narthex (back) until the particular period is over.

When you enter or exit the Church, use only the side aisles. No one is to use the middle aisle at any time during the service, except for the Communion line.

## YOU SHOULD NOT BE SEATED DURING THE FOLLOWING MOMENTS:

- The singing of the Great Doxology (“Glory to Thee who has shown us the Light”)
- At “Blessed is the Kingdom of the Father, Son, and of the Holy Spirit...”
- During the Entrance of the Holy Gospel
- During the reading of the Holy Gospel
- During the Entrance of the Gifts
- During the Consecration of the Gifts
- During the Creed and the Lord’s Prayer (“Our Father”)
- While the priest and deacon are distributing Holy Communion
- Any time the priest blesses you with his hand or the cross

## CONDUCT IN CHURCH:

It is important to keep a reverent attitude and demeanor in Church at all times.

- Be on time! The proper time to arrive is before the service begins before the bells are rung.
- Should you have an emergency and think you will be late to Church, still come, pray, and give thanks to God for all things!
- You are there to pray, so focus on the prayers and hymns of the Liturgy
- Do not cross your legs while seated; please be firm while standing
- Do not stand with your hands in your pockets or your arms crossed
- Do not chew gum; absolutely no eating or drinking
- Do not talk during the Divine Liturgy, especially during the Gospel reading and in Communion line (wait until Coffee Hour to say hello)
- If your child is being disruptive and you cannot contain him, please calmly take your child out of the Church and calm him down without disturbing others and then RETURN to the Church.

Communion is not the end of Liturgy; do not leave until Liturgy is completely over and you have kissed the cross. You may not go to the Hall during Liturgy.

## MAKING THE SIGN OF THE CROSS:

The sign of the Cross is extremely powerful due to the reminder it gives of Christ's sacrifice. Tracing the sign of the Cross on ourselves serves as the accepting of that sacrifice and the blessing to emulate it in our everyday life. Making the sign of the Cross is the reception of the blessing bestowed on you by the Bishop or the Priest. It is the pious custom of devout people to trace themselves with the sign of the cross at important parts of the Divine Liturgy. The fingers put together first touch the forehead, then the chest, then the right shoulder, and finally the left shoulder (the heart). This can only be a reminder that we should love the Lord our God with all our mind, our soul, our strength, and our heart.

## **WHEN TO MAKE THE SIGN OF THE CROSS:**

- At the beginning and end of prayers and services
- Upon entering Church and leaving Church
- At the mention of the “Father, Son, and Holy Spirit”
- When offering glory or blessedness to God
- At any prayerful invocation of God
- When the priest exclaims “Peace be to all”
- When the priest blesses the faithful with his hand or cross
- When the priest censures the people
- During the Entrance of the Holy Gospel
- During the Trisagion Prayers or Hymn (Holy God, Holy Mighty, Holy...)

After receiving Holy Communion (after you have taken a few steps away from the chalice)

## **BOWING YOUR HEAD:**

There are certain times in the service when parishioners should bow their heads:

- When the priest exclaims “Peace be to all”
- At the exclamation “Bow your heads unto the Lord”
- When the priest blesses the faithful with his hand or cross or censer
- When the priest or deacon bows toward the people during the services
- During the Entrance of the Holy Gospel
- When the Holy Gospel is read
- During the Entrance of the Gifts
- During the Consecration of the Gifts
- When you feel you need to focus on the service as to not get distracted

## RECEIVING HOLY COMMUNION:

To receive Holy Communion a person should:

- Prepare by prayer, by repentance, ultimately by receiving the Sacrament of Confession
- Prepare by fasting from food and drink (except for those with medical reasons) upon rising in the morning
- Refrain from smoking or chewing gum upon rising in the morning
- Ask forgiveness of anyone you have wronged
- Offer forgiveness to anyone who has wronged you
- Approach the chalice with reverence and thanksgiving, with arms crossed or hands folded with one's mind on Christ
- Say your name to the priest as you approach the Holy Chalice
- Tilt your head back and open your mouth as wide as you can

You should NOT receive Holy Communion if you arrive to Church after the reading of the Gospel.

## CHURCH ATTIRE:

Use Good Judgment! Common Sense!

We should offer Christ our "Sunday Best", not our everyday or common wear. Our dress should always be becoming of a Christian, and exemplify Christian values.

- No Jeans, No T-Shirts, No Tank-tops, No Sunglasses on head (or baseball caps)
- No Gym Shoes, No shorts, No Sandals, No Flip-Flops
- Dresses and skirts must fall below the knee and must be worn loosely; not tight
- Ladies' blouses should not be revealing and must cover the chest and shoulders
- Excessive make-up must be avoided. Women who wear lipstick should make sure lips are dry before receiving Communion, kissing cross or the priest's hand.
- This attire is to be for all ages!
- This attire is to help us realize how to respect our bodies, the Church, and to properly offer up prayer for our sins
- This attire is to help us NOT become a distraction to others who are trying to focus themselves

Help lead others to salvation, NOT sin.

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**Good Health to All !**

**Robert and Elaine Maria &  
Family**